

Naimah Thomas

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Profile

- Resiliency and flexibility to deal with changing environments.
- Ability to work independently, and harmoniously with a number of individuals on mental health team.

Clinical Practicum Experience

Cermak Health Services of Cook County - Expressive Arts Therapy Intern

Population - Corrections (18 + years of age)

10.2015 - 05.2016

Chicago, IL

- Provided therapy in individual and group settings, utilizing various creative arts modalities.
- Assessed and evaluated the creative environment of the mental health program.
- Participated in multi-disciplinary meetings and case conferences to discuss detainees progress and coordinate creative arts therapy with other services.
- Assisted in the development of treatment plans, including psychosocial narratives, periodic reviews and weekly progress notes.

Youth Opportunity United - Clinical Art Therapy Intern / Art Therapy Program Developer

Population - Positive Youth Focused Non-for-Profit (8 - 17 years of age)

08.2015 - 06.2016

Evanston, IL

- Implemented creative arts therapy to children and adolescents in group and individual sessions.
- Provided therapy in individual or group settings, utilizing creative arts modalities.
- Provided youth with opportunities to enhance their skills in conjunction with their cultural and developmental needs.
- Contributed to bi-weekly interdisciplinary team meetings and treatment planning.

A Long Walk Home - Creative Arts Therapy Summer GIRL/Friends Institute Intern

Population - Gender - Based Violence Organization

05.2015 - 08.2015

Chicago, IL

- Provided therapy in individual or group settings, utilizing creative arts modalities.
- Served as an ally to the youth leaders.
- Assisted youth with brainstorming creative ideas surrounding educating their school/community about gender-based violence

Yellowbrick Residential Program – Expressive Arts Therapy Intern

Population – Residential Treatment Facility (17 – 35 years of age)

10.2015 – 05.2016

Chicago, IL

- Implemented creative arts therapy to emerging adults in group and individual sessions.
- Consulted with treatment team about principals and ethics regarding responding to patient art, what to do with concerns over content, storage, documentation and processing.

Education

The School of the Art Institute of Chicago – Master of Arts in Art Therapy

08.2014– 05.2016

Columbia College Chicago– Bachelor of Arts and Science

08.2000 – 01.2005

Publications

Navigating Spaces:

Summer 2016

Professional Development

Rape Victim Advocates– 56-hour medical advocacy training

Summer 2015

Mental Health First Aid Training

Fall 2014

Presentations

Rape Victim Advocates– 56-hour medical advocacy training

Summer 2015

Exhibitions

Memberships

For the People: Artist Collective, 2016

American Art Therapy Association, 2014

Illinois Art Therapy Association, 2014

School of the Art Institute Student Art Therapy Group, 2014

School of the Art Institute Student Wellness Group, 2014